

# Delta Rho News

Delta Rho Chapter/Eta State

Sanford, North Carolina

Region VI

The Delta Kappa Gamma Society International

**"Let's Sparkle"**

Volume 13 No. 3

January/February, 2018



## Meeting Calendar

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*October 5, 2017*

*First Calvary Baptist Church*

*5:15 pm Catered Meal*

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*December 2, 2017*

*Joint Meeting with Gamma Sigma*

*Pinehurst Members' Club*

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*February 3, 2018*

*Trinity Lutheran Church*

*9:00 AM Catered Brunch*

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*March 19, 2018*

*Beginning Life with Books Spelling Bee*

*Dennis Wicker Civic Center*

*6:00PM*

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*May 3, 2018*

*Jonesboro Presbyterian Church*

*5:30 PM Catered Meal*

## **Mission Statement**

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

## **Meeting Information for February, 2018**

Hostesses for the February meeting are Renata Gibson, Ginger Harris and Ann McCracken. Invocation will be given by Ann McCracken and devotion by Aimee Petrarca. We will meet at Trinity Lutheran Church on Carthage Street in Sanford.

The program will focus on Education Law and Policy. EEC Committee Chairman Linda Truitt. Initiation of new members will be conducted by the Membership Committee. Barbara Keller and Susan Gaster Co-Chairmen.

Please respond to or initiate contact with the Social Committee so that there is an accurate count for the meeting and for the Caterer. Rebekah Brewer, Social Committee Chairman.

## **Beginning Life with Books Spelling Bee**

**March 19, 2018**

**6:00 PM**

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## *Presidents' Corner*

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### **President's Message:**

Imagine Delta Rho's inducting ten new key women educator members in one fell swoop! It's happening, for real. Such will be an exciting segment of our February chapter meeting. A huge shout out to Barbara Keller and Susan Gaster, membership co-chairs, for orchestrating a very effective orientation meeting in preparation for the induction ceremony!

Woohoo! The Eta State North Carolina Convention is on the April horizon in Charlotte. Delta Kappa Gamma's ten chapters in Region VI are hosting the 2018 event. We have reason to toot our proverbial horns over Delta Rho's participation in this state level convention. Terry Norris is general convention treasurer, Linda Truitt is the registrar, Barbara Keller is singing in the convention chorus, Wendy Motley plans to lead a breakout session with me as her facilitator, and Emily Lucas will be on the scene with all that she has to offer. Nominations from our chapter are being made for Rising Star and Golden Key Awards. We are working towards accruing 600 chapter achievement points for which we would receive a Superior rating. Go Delta Rho!

It is fulfilling to represent you as Delta Rho president. Thank you for faithful support in moving forward together as Delta Kappa Gamma educators.

*Patricia Pemberton, Delta Rho President*  
[Pemberton7@windstream.net](mailto:Pemberton7@windstream.net)



**Eta State NC  
President  
Connie Savell**  
[cps2017eta@gmail.com](mailto:cps2017eta@gmail.com)

As Eta State President, I have visited 14 chapters and attended two regional activities this fall learning about your involvement in schools and communities around our state. Collectively, we are providing scholarships, grants, and money to support education and Eta State is **SPARKLING** by making a difference in many lives!

In reading chapter newsletters, I continue to learn more about chapters and the programs and projects you support. The reports I have read have given me a glimpse of the heartbeat of the chapters and given me some suggestions on how the state leadership can assist more effectively.

Things to think about.... potential new members, accepting leadership roles, planning for meetings, and attending state and International conventions in the New Year. As you review the past year, remember to embrace challenges with passion and determination because you are making a difference in your communities!

## *Delta Rho News*



### Delta Rho Scholarship Committee Scholarship Award

The local scholarship of \$500 for continuing education of Delta Rho members is contingent on availability of funds. This local scholarship is awarded to members in good standing pursuing graduate studies at the minimum rate of six semester hours of graduate credit in one year.

Eta State NC awards scholarships for Doctoral studies, Masters, and Special Projects. Members can find forms and information for those on the Forms page of the Eta State NC website.

### Delta Rho Literacy Grant Sub – Committee Literacy Grant Awards for 2018

Delta Rho awarded \$194.60 to Barb Hruby from Tramway, \$193.12 to Tina Harrington from Tramway, and \$199.24 to Bianka Stumpf from CCCC.

These grants can provide funding for innovative, classroom – based literacy projects in reading and mathematics.

Grant funds may not be used for field trips. Beginning teachers (up to 3 years' experience in the profession) will have priority for up to four of the grants.

### NC DKG Education Foundation Delta Rho Chapter Donations

Donations are tax deductible. Checks should be written to Delta Rho and Terry will write one check. If you donate, you will receive acknowledgement as an individual from the Foundation for your tax records. Donations can be made in memory of or in honor of a member, former member, favorite teacher, or anyone you wish to honor. Forms will be available at the Delta Rho February meeting.

### Asheboro, North Carolina

Eta State Headquarters depends upon our donations for the maintenance of the building and grounds. Add coins and dollars to the Headquarters jar on the Coins for Causes table at the February Meeting. Thank you.

### Volunteer Hours Add Yours



**Tec Tip from Kathy**  
Scan the QR code for  
the volunteer sheet



*Here also is the direct web link to the document:  
Ctrl + click to follow the link* The purpose of this log is to document the hours that Delta Rho members spend volunteering in the community. We capture this information for our chapter achievement records. We are working on 2017 – 2018 records.

Delta Rho Arts  
Don't forget to visit  
[www.deltarhosanfordnc.weebly.com](http://www.deltarhosanfordnc.weebly.com)

Eta State Headquarters



## Eta State News

### Eta State Convention News

April 27-29 2018 **Registration Due to Convention Treasurer by April 1, 2018**

**Convention Registration – Mail completed registration form and check made payable to Eta State Convention to Terry Norris Convention Treasurer.**

604 Tidewater Drive, Sanford, NC 27330-9278.  
Registration by credit card can be sent by email to [etastatetreasurer2018@gmail.com](mailto:etastatetreasurer2018@gmail.com)

**Hotel Reservations – Call 1-704-547-7444 Request Delta Kappa Gamma group rate.**  
Rooms are \$115 + tax for single or double. Rate in effect until April 3, 2018, or until rooms are filled. Parking is free.

### EEC Wellness Initiative

Becoming healthier is a major focus of Eta State's "Let's Sparkle" wellness initiative. Exercising (cardio, resistance training or a combination of both) can help you become healthier.

What are the benefits of exercising? According to FITNESS advisory board member Michele Olson, professor of exercise physiology at Auburn University, changes in the body occur seconds after you start exercising. (Shaffer, A. (n.d.). Power Surge: The Hidden Benefits of Exercise. Retrieved from <https://www.fitnessmagazine.com/workout/tips/power-surge-the-hidden-benefits-of-exercise/>). Some of the benefits of exercising include breathing faster and deeper; feeling more alert, more focused, and less stressed; bolstering your immune system and warding off infection; burning more calories during your workout; adding lean muscle; making your heart more efficient; lowering your blood pressure; decreasing your risk for diabetes and cancer; and helping you become slimmer.

## DKG News

**International President  
Carolyn Pittman  
2016 - 2018**

### World Fellowship Recipient in NC

North Carolina has a World Fellowship recipient studying at NC State University, according to the International World Fellowship Committee. The brochure from the World Fellowship Committee gives brief information on each of the recipients. It can be found on the Tools, Chapter Tools page of the DKG website.

### DKG Website Updated

The DKG *website* [www.dkg.org](http://www.dkg.org) has a new look—and a different one for members once they are logged in! The general site welcomes visitors and tells what DKG is. The Mission and Vision are on the top and benefits of membership are prominent. The members' site has more links and specific information related to membership, such as the Emergency Fund, the new Executive Director, the Gallery of Fine Arts, and the DKG Store. The menu bar is more condensed, and quick links to DKG publications are on the home page. My Profile is still the portal of member's personal information.





The Challenge of Leadership: "The challenge of leadership is to be strong, but not rude; be kind, but not weak; be bold, but not bully; be thoughtful, but not lazy; be humble, but not timid; be proud, but not arrogant; have humor, but without folly." Jim Rohn (Quote provided to Leroy the Leadership Guy by Dr. Mary Cauley).

## Delta Rho News

**Editors: Ada James and Linda Truitt**

[howardj@windstream.net](mailto:howardj@windstream.net)

[ectruitt@mindspring.com](mailto:ectruitt@mindspring.com)

**Webmaster: Emily Lucas**

[Deltarho96@gmail.com](mailto:Deltarho96@gmail.com)

**International Website:**

[www.dkg.org](http://www.dkg.org)

**Eta State Website:**

[www.ncdkg.org](http://www.ncdkg.org) (new)

**Delta Rho Website**

<http://deltarhosanfordnc.weebly.com>

**DKG NEWS**

<https://www.dkg.org/category/library/publications>

**ETA STATE NEWS ONLINE**

available now at <http://www.dkg.org/>

[DKGMember/Publications/NEWS-Print\\_Issue.aspx](http://www.dkg.org/DKGMember/Publications/NEWS-Print_Issue.aspx).

## Dates to Remember

**Feb. 1 Deadline to apply for Lucile Cornetet Individual PD Awards**

**Feb. 1 Chapter President Annual Report online survey due**

**Feb. 1 Scholarship Applications due for both Eta State NC and DKG International**

**Feb. 1 Deadline for DKG Gallery of Fine Arts submissions**

**Feb. 28 Deadline to support the Foundation's Community Challenge**

*March 19 Beginning Life with Books Spelling Bee Dennis Wicker Civic Center Sanford*

*Apr. 10 Submission deadline for Eta State News*

*Apr. 27-29 Eta State NC Convention, Hilton Charlotte University Place, Charlotte, NC (Region VI hosts)*

**May 1 Deadline to apply for Lucile Cornetet Individual Professional Development Awards**

**May 5 Last day to submit form for engraved bricks for Paving the Way bricks for Headquarters**

